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Mon-Fri: 9:00 am-4:00 pm
 Center Director: Lisa Carson
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<p style="text-align: center;"><u>Monday</u></p> <p>VIRTUAL Court-Mandated Parenting Class 6:00-7:00 pm Jan 3 - Creating Kindness Jan 10 - Toddler Nutrition Jan 17 - Toddler Play Jan 24 - Crying Jan 31 - Sex & You</p> <hr/> <p style="text-align: center;"><u>Tuesday</u></p> <p>VIRTUAL Childbirth Prep 10:00-11:00am Class is for expecting parents, up to 6 week post birth Jan 4 - Postpartum Depression Jan 11 - Your 3rd Trimester Jan 18 - Stages of Labor Jan 25 - Baby Care Basics *You must complete specific classes for the layette program</p> <p>VIRTUAL New Moms and Dads Class 11:30am-12:30 pm Class is for parents with a child from birth through one year old. Jan 4 - How to Raise Emotionally Healthy Children Jan 11 - Quality Childcare Jan 18 - First Year Milestones Part 1 Jan 25 - First Year Milestones Part 2</p> <p>VIRTUAL Parenting Class 1:00-2:00 pm Jan 4 - Strong Willed Children Jan 11 - Staying Connected to be Respected Jan 18 - Depression and Suicide Jan 25 - Consequences Without Cooperation</p> <hr/> <p style="text-align: center;">ANNOUNCEMENTS:</p> <ul style="list-style-type: none"> ● Mentoring available for men and women. Please call for more information. ● Please note, if the schools are closed due to weather, our center is likely closed. Please call when making an appointment. ● Shopping is available by appointment. Don't forget to use those credits. 	<p style="text-align: center;"><u>Wednesday</u></p> <p>VIRTUAL Bible Study 1:00-2:00 pm Be encouraged in your walk with God Jan 5 - Study with Miss Jacqueline and Miss Lindsay Jan 12 - Study with Miss Jacqueline and Miss Lindsay Jan 19 - Study with Miss Jacqueline and Miss Lindsay Jan 26 - Study with Miss Jacqueline and Miss Lindsay</p> <hr/> <p style="text-align: center;"><u>Thursday</u></p> <p>VIRTUAL Pregnancy Class 9:30-10:30 am Jan 6 - Your 1st Trimester Jan 13 - Prenatal Care Jan 20 - Preparing for a C-Section Jan 27 - Getting Ready for Baby</p> <p>VIRTUAL Small Group Study - Live Free 1:00-2:00pm Weekly study and discussion. We welcome all women. Jan 6 - Parenting Without Shame Series Jan 13 - Parenting Without Shame Series Jan 20 - Parenting Without Shame Series Jan 27 - Parenting Without Shame Series</p> <p>VIRTUAL Faith Based Parenting 3:00-4:00 pm Jan 6 - Hope for Single Parents Part 2 Jan 13 - What Your Child Needs Jan 20 - TBA Jan 27 - TBA</p> <hr/> <p style="text-align: center;"><u>Friday</u></p> <p>VIRTUAL Bible Study 11:00am-12:00 pm It is not what I have done but what God has done for me. Come explore what that means. Jan 7 - Study with Mr. Dominic Jan 14 - Study with Miss Marge and Miss Lisa Jan 21 - Study with Miss Marge and Miss Lisa Jan 28 - Study with Miss Marge and Miss Lisa</p>
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All of our programs are free and confidential. Please call for an appointment.

We offer: Free Pregnancy tests, Free Ultrasounds, Childbirth Classes, Parenting Classes, and Bible Studies.

Our program allows families to earn diapers, clothing, baby furniture, baby gear and more.